



GRIMES PARKS & RECREATION FLAG FOOTBALL COACHES MEETING AGENDA

Wednesday, September 5, 2012
At 5:30 P.M.
Grimes Community Complex Cafeteria

I. General Agenda Items:

1. Check-In
2. Introduction of Program- day/time, length
3. Equipment Used-
 - Flag Belt- 3 flags on belt, whole belt falls off when player pulls
 - Football- nerf football
 - Reversible red/white jersey
 - Shoes- rubber cleats or tennis shoes
4. Coaching Job Description- review and verbally agree
5. Practice Plans- sample lessons and drills
6. Game Rules - coaches give input and discuss as needed
7. Subs (suggested to rotate after whole possession, instead of every play to keep game moving)
8. Official Schedules/Rosters will be Online at www.grimesiowa.gov.
9. First Aid/Weather Postponements/Other Questions
10. Fill out Volunteer Criminal Background Check